



YOU'VE NEVER had a health plan like this.

You choose where to receive care and services—and how much you pay.

Your doctors: see who you like

Whether it's one of the doctors in the HMO with the highest member satisfaction among commercial plans in the Virginia-Maryland region,* the providers in MultiPlan's PHCS and MultiPlan networks, or any of the licensed providers available in more areas than ever before—you can choose any of them for your health care at any time.

How does it work? However you want it to. For example, on Monday, you can visit your Kaiser Permanente primary care physician in Woodbridge, Virginia. On Wednesday, take your son to the asthma specialist, who is a member of the PHCS network and located in downtown Washington, D.C. And on Friday, your daughter can see her non-network dermatologist located near her school, Frostburg State University.