



THE CARE YOU TRUST CONTINUED

Your physician has recommended continuing care for you at a skilled nursing facility. Here's what you can expect as you transition to the next stage of your care.

A skilled nursing facility (SNF) is a place where you can receive physical, occupational, or other rehabilitative therapies following an accident or illness. Your treating physician is usually the person who recommends that you go to a SNF, based on your condition and your continued plan of care.

Think of a SNF as a facility where the level of care is geared more toward your *rehabilitation*, rather than the emergency or post-surgical services provided in the hospital. This is particularly true when you need physical therapy, intravenous (IV) services, or wound care.

The decision about whether or not you need skilled nursing care is often based on your daily needs. For example, if you only need IV services once a day, you might be able to receive those services at home. But if you're receiving an IV antibiotic and you have to be monitored every day, you'll probably need to be cared for in a SNF, at least for a while.

As a Kaiser Permanente member, you're likely to be referred to one of our core SNFs for your continued plan of care. These are specially selected facilities that meet our high standards and are part of our "core" network.